



Master of Science in Nursing — Psychiatric Mental Health Nurse Practitioner Program

Jumpstart a rewarding career
safeguarding your patients' wellbeing.





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Become a trusted resource for individuals struggling with their mental health.

As a psychiatric mental health nurse practitioner (PMHNP), you'll implement strategies to improve the wellbeing of your community and educate the public on the importance of comprehensive mental health care. You'll learn to promote healthy lifestyle choices and teach your patients how to positively manage stress, all while diagnosing patients, developing individualized treatment plans, and prescribing medications in order to improve your patients' quality of life. In a society that often underestimates the significance of proper mental health care, you will become an advocate for individuals who need support.

At Goodwin University, you can become a psychiatric mental health nurse practitioner in **as few as seven semesters part-time!** Our PMHNP program is offered entirely online with the exception of on-campus clinical requirements, so you can work full-time while earning your master's degree. If you're looking to start a career that truly makes a difference, our PMHNP program is a great fit for you!

Say hello to Program Director Mary Salisbury.



Mary Salisbury is a board-certified psychiatric mental health nurse practitioner with a Doctorate in Nursing from the University of St. Joseph. She began her career as a registered psychiatric nurse at the University of Connecticut Health Center inpatient unit for five years. She earned her BSN at the University of Connecticut and completed her MSN and doctorate degree at the University of Saint Joseph.

Her doctoral work involved a pilot study and educational model for psychiatric nurse practitioners on first-line treatment of insomnia, including cognitive behavioral therapy for insomnia and education on an easily accessible insomnia severity assessment tool, with the purpose and intention of exploring current prescribing practices of sedatives and hypnotics. Her doctoral work encouraged non-pharmacologic methods for patients with insomnia.

From 2014 to today, Dr. Salisbury has worked as a psychiatric nurse practitioner at the local mental health authority, CHR. Her work centers around serving the adult outpatient population with a focus on young adults, adults with schizophrenia, and individuals with opioid use disorders. In addition to her years of direct patient care, she has mentored and precepted APRN students at the University of Saint Joseph and Wilkes University.

In her most recent career transition, Dr. Salisbury was appointed program director of Goodwin University's MSN program, where she oversees three master's level nursing tracks. Dr. Salisbury is passionate about continued education and the promotion of her colleagues to amplify the nursing profession.

Put your patient's wellbeing first with our Psychiatric Mental Health Nurse Practitioner program.



Grow your understanding of core nursing concepts.

By pursuing a specialized master's degree in Nursing, you'll sharpen your existing knowledge of the field while developing new insights into how mental healthcare fits into the whole patient-care picture. Your real-world experience will guide you as you explore patient care through the lens of positive mental healthcare and consider solutions that will empower your community. You worked hard to earn your bachelor's degree — now it's time to build on those skills.

Become the first line of defense in times of crisis.

While your day-to-day responsibilities will revolve around mental health maintenance, there will be times when you must step up and intervene in times of patient distress. Whether a patient is under a severe amount of stress, experiencing a deep loss, or reacting poorly to their medications, it's your responsibility to deescalate the crisis by responding with compassion and providing actionable solutions. Your ability to connect with the patient and adjust treatment plans accordingly can make a huge difference in a person's recovery. As a PMHNP, you'll have the ability to change — and even save — lives.



Provide mental health resources on a larger scale.

A major part of being a PMHNP is implementing preventative care — this means educating the public on the importance of mental healthcare, destigmatizing mental illness, and bringing awareness to the warning signs of mental distress. You'll prepare to provide community outreach services to individuals in need, and you may even get involved in mental health politics and legislation. The future of mental healthcare starts with you.

Earn your master's degree at Goodwin University.



Flexible online schedules

Whether you're a working professional or taking care of your family, we understand that you're busy. That's why, at Goodwin University, our PMHNP program is offered completely online apart from two on-campus Immersion Weekends and clinical practices. You'll connect with your peers in meaningful virtual discussions, so you'll never have to sacrifice the quality of your education for the convenience of online learning.



We put you first.

At Goodwin University, we have a student-centered approach to learning. Our expert faculty are dedicated to giving you the one-on-one attention you deserve, and we offer a wide variety of student resources such as counseling services, financial aid, and more. While you're earning your master's degree, we'll be there to support you every step of the way!



A hands-on learning experience

In our PMHNP program, you'll collaborate with other students to discuss real-world applications for your learning. Our faculty will use relevant examples and nurture your critical thinking skills, so you'll graduate with the ability to apply what you've learned to real patient-care scenarios.



A focus on career readiness

Pursuing a master's degree is a pathway to a more fulfilling career with higher salary potential — that's why Goodwin University is committed to preparing you for success in your field. Our curriculum is tailored to give you the skills and knowledge to address real-world health issues and make you a more marketable job candidate once you graduate.

Curriculum

NUR 500	Theoretical Basis for Advanced Nursing Practice and Leadership	3
NUR 505	Pathophysiology for Advanced Nursing Practice	3
NUR 510	Pharmacology for Advanced Nursing Practice	3
NUR 520	Neuropsychopharmacology	3
NUR 540	Physical Assessment for Advanced Nursing Practice	3
NUR 605	Current Concepts and Professional Roles in Advance Nursing Practice	3
NUR 610	Seminar in Nursing Research	3
NUR 620	Policy, Politics and Organization of Healthcare	3
NUR 655	Assessment, Diagnosis, and Treatment of Mental Health Disorders	3
NUR 665	PMHNP I: Advance Practice Psychiatric Mental Health Care for the Adult	7
NUR 675	PMHNP II: Advance Practice Psychiatric Mental Health Care for Children and Older Adults	7
NUR 685	PMHNP III: Advance Practice Psychiatric Mental Health Care of the Complex Patient	7
NUR 698	Advance Practice Capstone: Clinical Applications on Population Health	2

TOTAL CREDITS IN THE PROGRAM: 50

Course format

You deserve a college that offers graduate level classes on your schedule. That's why we've designed our PMHNP program to be completed entirely online, with the exception of clinical practices. Coursework is available on your time, and you can complete the program in as few as seven semesters — so you don't have to waste your time or money.

Our PMHNP program offers a mix of on-campus clinical practices and online classes. Online courses include a combination of synchronous and asynchronous sessions, so your learning experience can be customized to fit your needs.

- ### • On-campus clinical requirements

Engaging in in-person clinical training is an essential part of becoming a Psychiatric Mental Health Nurse Practitioner. Our curriculum provides 600 hours of collaborative clinical training, so you can explore your passion before kickstarting your career. By fulfilling your clinical hours, you'll gain experience working with

patients with a variety of mental health needs and concerns. You'll learn from professional clinicians who are active in their careers, so you'll graduate with the important professional skillsets to provide quality patient care.

- **Synchronous learning sessions**

Some courses in this program are offered in the form of online, face-to-face meetings with your classmates and faculty. This gives you the opportunity to engage in important conversations and debates regarding your course material. Participating in a synchronous learning session gives you the experience of an in-person class setting without the inconvenience of having to drive to campus.

- **Asynchronous courses**

Our asynchronous courses are the perfect way to earn a master's degree while working around your busy schedule. Asynchronous courses are designed to be completed on your time and don't require any face-to-face meetings, so they're a great fit for the working professional. You'll work independently to complete your assignments and touch base with our faculty along the way to make sure you are getting the support you need.

APRN – PMHNP program admissions requirements

We don't require GRE scores for admission. You work hard enough, so there's no need to take additional tests before admittance into the program.

Graduate applicants to Goodwin University are required to:

- Complete a graduate application for admission.
- Pay a \$50 non-refundable application fee (waived for Goodwin University graduates).
- Submit an official or unofficial transcript verifying receipt of a bachelor's degree from a college or university accredited by an accrediting agency recognized by the Council for Higher Education Accreditation (CHEA) or the equivalent of this degree from another country with a cumulative GPA of at least 3.0.
 - ▶ Applicants with less than a 3.0 Cumulative GPA may be considered for conditional admittance into the program under certain circumstances.
- Provide a professional resume.
- Submit proof of immunizations (Measles, Mumps, Rubella, and Varicella).
- View the complete list of requirements in the catalog.

Students interested in the Psychiatric Mental Health Nurse Practitioner (PMHNP) must also:

- Provide a current, unencumbered RN license.
- Hold a BSN.
- Write a formal 800-1000-word personal statement of their nursing career goals as an PMHNP.

- Be able to travel significant distances to clinical sites, if necessary.
- Participate in a telephone interview administered by the program director.
- Have a minimum of two years direct patient care experience as a registered nurse obtained within the last 5 years.
- Have successfully completed a college-level statistics course (C) and an upper-division research course (C+).

Tuition information for graduate students

Paying for graduate school doesn't have to be stressful — we make it easy to understand the costs of your education before classes even begin.

We are committed to helping you earn your degree at a cost that is affordable to you. At Goodwin, there are a variety of financial aid opportunities available to you, including scholarships, grants, and student loans that need to be repaid, and work-study opportunities that provide a regular paycheck.

You can find tuition information for the APRN — PMHNP program below:

Tuition for Goodwin University Graduates

Tuition..... \$660 / credit

Total (estimated for 50 credits / 7 semesters) **\$33,000**

Graduate Programs Tuition and Fees 2022-2023

Tuition \$930 / credit

General Student Fee \$350 / semester

Technology Fee \$250 / semester

Program Fees \$1655

Total (Estimated for 50 credits / 7 semesters)..... **\$52,355**

Testimonials



“Goodwin has been tremendous. Every faculty member that I’ve interacted with has been so supportive. Anything I’ve needed, they’ve helped me through it all... I think it’s important for people to know that they are investing in their future. When you’re investing in college, of course, you want a return. By choosing Goodwin, you’re really getting that. I don’t think I would have gotten the support I’ve received here anywhere else.”

Holly DeVylder, Student



“As a busy parent of three children, Goodwin allowed me to pursue my master’s degree while also working full-time. The online format is easy to use, and the faculty are compassionate and helpful.”

Raquel Campbell, Student

Graduate student resources and support

At Goodwin University, we are invested in the continued success of our students. We believe that you deserve great support services and resources to help you achieve your goals!

Academic Resources

- Academic Advising
 - Admissions
 - Financial Aid
 - Registrar's Office
-

Academic Support

- Academic Success Center
- Library
- Math Lab
- Tutoring

College Experience

- Clubs and Organizations
 - Student Engagement
-

Personal Support Services

- AccessAbility Services
 - Ann B. Clark Co-op
 - Counseling
-

Professional Development

- Lifetime Career Services



Contact us today!

Call: 800-889-3282

Text: 860-467-1511

www.goodwin.edu/pmhnp

Goodwin University is a nonprofit institution of higher education and is accredited by the New England Commission of Higher Education (NECHE), formerly known as the New England Association of Schools and Colleges (NEASC).

The master's degree program in Nursing at Goodwin University is accredited by the **Commission on Collegiate Nursing Education (CCNE)**. Goodwin University is a member of **SARA** and therefore can offer our MSN program to residents of other SARA states.